



# Detecting Medication Nonadherence in Your Practice

You may recognize one or more of these patients. Consider medication nonadherence as an underlying cause in the following situations:

## The patient who never fills the first prescription

- Was the patient unable to pay for the medication?
- Were they unable to get to the pharmacy?

## The patient who uses chronic disease medication as needed

- Do they know that certain chronic disease medications need to be taken every day?
- Are they too busy? Do they forget to take it every day?

## The patient who repeatedly calls back

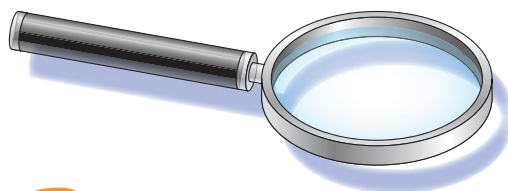
- Are they taking their medication consistently and correctly?
- Do they understand your instructions for how to take their medication?

## The patient who frequently asks for medication changes

- Do they understand that medications may take time to work?
- Are they worried about possible side effects?

## To detect medication nonadherence in your practice:

- Ask key questions. Explore your patient's barriers to adherence.
- Start the conversation by having your patient complete the ASK-20<sup>SM</sup>.
  - ASK-20 helps to quickly identify a patient's specific adherence barriers.
  - ASK-20 takes only minutes to complete and can be completed on paper or online.
  - ASK-20 can help you save time and focus on improving adherence.



For additional information, go to:

[www.takingmeds.com](http://www.takingmeds.com)