

My Doctor Visits—How Can I Get Ready?

Prepare before you go to your doctor's office. Check off the statements that apply to you and discuss with your doctor.

Since my last visit:

- I have not taken my medicines as directed every day.

- I have coughed more than usual.

- I have coughed up more mucus than usual.

- My mucus has been different than usual (color, thickness).

- My breathing has been worse than usual.

- I have been awakened by my breathing.

- My COPD has caused me to miss activities.

- My appetite has decreased / I have lost weight.

- I used an antibiotic or oral steroid to treat a flare-up.

- I have used my fast-acting inhaler more than usual.

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