



## My Doctor Visits— How Can I Get Ready?

Here are some questions you may ask your doctor or pharmacist:

- What is the name of the medicine and how will it help me?

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- How and when do I take the medicine, and for how long?

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- When and how do I refill my prescription?

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- What do I do if I miss a dose?

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- Will other nonprescription or prescription medicines affect my medicine for bipolar disorder?

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- What foods or drinks may affect my medicine for bipolar disorder (like grapefruit, alcohol, etc.)?

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- How can I make sure I get the exact medicine for bipolar disorder each time I get my prescription filled?

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- What are the possible side effects? What should I do if I get them?

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